

and clean.} ³¹
[Al-Baqarah: 222]

Prophetic Hadiths:

Whoever has intercourse with a woman during her period, or sodomizes a woman, or who goes to a fortuneteller and believes him, has committed unbelief (if he considers any of these acts permissible).
[Reported by Abu Dawud and Tirmidhi]

When the Prophet (pbuh) wants to do something with one of his wives during her menstrual period, he covers her vagina and does what he wants.
[Reported by Abu Dawud]

One's Privacy before his Wife

Prophetic Hadith:

Mu'awiyah ibn Haydah (may Allah be pleased with him) said, I asked the Prophet (pbuh), which of our privacy can we show? The Prophet (pbuh) said, Keep your privacy hidden except before your wife and what your hand possesses.
[Reported by Abu Dawud]

"Abdul-Rahman Ibn Abu Sa'id al-Khudri reports the Messenger of Allah (pbuh) to have said, "A man is prohibited to look at the

³¹ Modern Medicine proved that sexual intercourse with one's wife during menstruation has many harmful effects:

- 1- Pain in the woman's reproductive system: uterine and oval inflammation that may lead to her infertility.
- 2- Inflammation in the man's penis and scrotum that may also lead to his infertility.

`awrah of another man, and a woman (is prohibited) to look at the *`awrah* of another woman. Let no man be covered with another man by one cover, and let no woman be covered with another woman by one cover.

[Narrated by Muslim]

Wash Yourself for Another Sexual Approach

Prophetic Hadiths:

"Whoever has sexual intercourse with his wife and wants to do that again would better make ablution."

[Reported by Ahmad]

"Abu Rafi' related, "One day the Prophet (pbuh) had sexual intercourse with all his wives. He would before moving on take bath. Rafi' said, O Messenger of Allah, let it be one bath. He said, this is better, more cleansing and purifying."³²

[Reported by Abu Dawud and Al-Nasa'i]

"On the authority of `Aisha who said: Whenever the Prophet wished to sleep or eat while in a state of Janaba (i.e. after having sex and before bathing), he would wash his private parts and perform ablution as for prayer.

[Al-Bukhari and Muslim]

`Aisha related,

"The Prophet (pbuh) used to sleep while

³² This is because water refreshes one's body.